



## **2024 ATHLETIC TRAINING STUDENT AIDE PROGRAM**

The Athletic Training Student Aide Program (ATSA) at TKA has been designed for high school students interested in possibly pursuing a career in athletic training, sports medicine, physical therapy, and related fields. The program is a commitment of at least one athletic season/or sport per year. Our program will have an athletic trainer consultant, staff sponsor, adult volunteers, as well as training requirements through camps, video training, lessons from licensed RNs and ATs, and more. Under the direction of a licensed AT, our students will learn basic taping, evaluation, rehabilitation techniques, hydration, first aid, equipment management, and how to serve athletes during practice and on the sidelines.

The goals and objectives of the ATSA program will include an introduction to athletic training and other related medical professions, and learning rehabilitation techniques for injured athletes. The responsibilities of the ATSA will vary depending upon their level of training, successful completion of lessons, years in the program, and commitment. This is a very task/service oriented program, so participants need to have energy, drive, a positive attitude, and enjoy being outside.

The ATSA program will be organized similarly to our other Knights athletic programs and will provide students with education, training, team work, leadership, and opportunity to earn a varsity letter and team awards. Program fees will help cover uniforms, training, materials and other team necessities. Our hope is that students who are interested in serving, learning, and preparing for their future will find a place in this program to shine for Christ's glory!

## **ELIGIBILITY**

The King's Academy Athletic Trainer Student Aide program is open to TKA students in 9<sup>th</sup>-12<sup>th</sup> grades.

## **INFORMATION MEETING**

A parent/participant information meeting will be held on April 11, 4:30 TKA Gym

**REGISTRATION** for the season will open 4/11 at 5pm. It will close on July 16th at midnight.

Registration is required for ALL returning and new participants.

<https://registration.teamsnap.com/form/6281>

## **INTERVIEWS**

Individual interviews will be scheduled as part of the tryout process. Please come prepared to share a little bit about yourself, any activities which may impact your availability for the season, and why you wish to be part of this program.

## **RESPONSIBILITIES AND TASKS REQUIREMENTS OVERVIEW**

- Attend training camp/lessons/ and complete online training videos
- Attend / serve at scheduled practices and games (number dependent on how many students participate in the program)
- While serving: stay alert and aware of any needs of players and coaches, whether prevention, hydration, equipment, or injury related.
- Learn general first aid, basic taping techniques, icing and more
- Complete assigned tasks whether on hydration, injury, or equipment team
- Catalog, clean, and organize all needed supplies and equipment Organize, stock, and clean the sports trailer and storage room
- As needed, assist in spreadsheets and ordering for necessary supplies
- Familiarize yourself with individual injuries or needs of players and remain up to date on all emergency procedures

## **CONDUCT EXPECTATIONS**

- Practice professionalism in attitude and actions
- Respect all authority while interacting as an ATSA: coaches, Athletic Trainers, teachers, staff sponsor, parent volunteers, other schools' representatives, etc.
- Maintain the conduct expectations and behaviors as outlined for students in the TKA handbook
- Be dependable: on time, complete tasks, go the extra mile to serve
- Maintain professional boundaries with athletes and program officials while on duty

## **CONDUCT EXPECTATION DON'TS**

- ATSAs must never discuss personal information about an athlete or coach to anyone outside the program - especially any medical or injury information
- ATSAs are not authorized to evaluate injuries, make medical recommendations, or provide commentary to parents or others about the extent of injuries or recommended treatment
- There must be no inappropriate behavior between ATSAs and student athletes - professional behavior must be maintained at all times

“Student aides must not act independently with regards to the evaluation, assessment, treatment and rehabilitation of injuries. Additionally, it is paramount that student aides not be expected, asked or permitted to make “return to play” decisions. Specifically, student aides must not engage in the following activities:

- (1) Interpreting referrals from other healthcare providers
- (2) Performing evaluations
- (3) Making decisions about treatments, procedures or activities
- (4) Planning patient care
- (5) Independently providing athletic training services during team travel.”

**\*\*National Athletic Trainers Association Statement\*\***

## **ACADEMIC EXPECTATIONS**

- Your first priority is always your academic studies. Don't neglect your grades or studies to participate in this program
- Must meet league academic eligibility guidelines
- Students on Academic Probation may be asked to step down from their duties until the probation status is resolved

## **DRESS CODE EXPECTATIONS**

While on duty student aides should present a professional appearance in keeping with the purpose of the program. Uniforms and team wear will be provided to all members as part of their program fees.

## **PRACTICE:**

- Please dress appropriately for outdoor and active movement.
- Shorts are acceptable, but must be at or below fingertip length all the way around. No jean shorts.
- Sleeveless tops are allowed on hot days, but no spaghetti straps or styles that reveal underclothing.
- No midriffs showing.
- Closed toe tennis shoes.

## **GAME DAY:**

- ATSA team game day uniforms
- Closed toe tennis shoes.

Always be prepared for inclement weather: bring layers, jackets, hats, raingear, etc. when needed.

## **SPORTS PHYSICALS & FORMS**

Students are REQUIRED to have a current physical form on file in the Athletic Department prior to participating in tryouts that indicates that the student is physically approved for participation. **(Note: If your child receives a physical after April 1st, it will be good for the entire following school year.)** If you are unsure whether your physical is current, please contact Roni Redd [redd@thekingsacademy.org](mailto:red@thekingsacademy.org)

**Participants must turn in the following forms to the Athletic Department prior to tryouts. All forms can be found at <https://www.thekingsacademy.org/athletics/Forms.cfm>**

### Submit Annually

- ☐ Pre-Participation Physical Evaluation form (current and signed by a physician; not a camp physical form). GIAA form if HS; GAPPS form if MS. Physicals after 4/1/24 will be good for the entire 2024/2025 school year.

### **ATTENTION: NEW FORMS FOR HIGH SCHOOL ATHLETES:**

- ☐ HS: GIAA Student/Parent Concussion Awareness Form
- ☐ HS: GIAA Student/Parent Sudden Cardiac Arrest Awareness Form

### Submit One Time

- Birth Certificate (New athletes only)
- High School Affidavit of Eligibility (New HS athletes 9-12<sup>th</sup>)
- HS AES: Senior Exit form (AES seniors only)

### **AES/HOMESCHOOLED ATHLETES:**

- Refer to separate AES Approval Process Document (also found on forms website).

### **PROGRAM FEES**

**\$175 program fee** covers costs of uniforms and/or swag, expected cost of training or other materials, Knights insurance, awards, coach/sponsor stipend, team photos, etc.

We are working with an athletic trainer to plan training events and possibly a training camp. The cost for a camp is not included in the program fee.

Participant fees will be paid during the registration process on TeamSnap. All registrants may either pay in full via ACH or Credit Card or select the payment plan using a credit card. The payment plan will be the default and will require a \$50 deposit followed by a payment of \$125 the following month. (If a student participates in spring training and decides not to be in the program - a refund will be issued.)

To utilize the Payment Plan option, on the payment screen select "Pay With Card." Scroll down to turn on "Split payment into installments." Your credit card will be automatically charged the same day each month until all installments are completed.

**Photos** will be included in your registration fee. Each athlete will have an individual and team photo taken. The \$12 designated for photos in your registration fee will provide you with 1 5x7 individual photo, 1 5x7 team photo, and a digital image of your athlete. Each team's committee will have access to the digital images to use for the year end banquet, awards and any other needs.

### **PARENT COMMITTEE**

Because this is a newly organized program, we have yet to determine the exact roles for parent volunteers. However, we do anticipate a mandatory requirement to help with transportation and supervision on practices, game days and any ATSA team events.

## **SPONSOR CONTACT INFORMATION**

Lisa Bonds, Head Sponsor

Phone: 770-500-5091

Email: lbonds@thekingsacademy.org

## **Schedule 2024**

- 1. Complete the attached application ASAP**
- 2. Register via link in packet between April 11-July 16th**
- 3. When you are registered, we will add you to our groupme for upcoming meetings, trainings, camps, etc.**
- 4. May 6th - 17th Monday -Friday (required) ATTEND TKA VARSITY SPRING FOOTBALL CAMP 2024** - Will be a “try-out”. Students will be required to attend Spring Camp to be evaluated for the program and also as an opportunity for them to evaluate if the program is a right fit for them.

## **Legacy Church**

1040 Blackwell Road  
Marietta, GA 30066

## **5. FOOTBALL SEASON OFFICIALLY STARTS!**

### **Varsity Football Fall Camp / Practice until season starts**

**Begins July 22nd** (location to be determined)

Monday, Tuesday, Thursday, Friday 4:00-7:00

Wednesday 4:00-5:30

### **6. Practice Schedule once games begin**

Monday, Tuesday 4:00-7:00

Wednesday 4:00-5:30

Thursday - No Practice

Friday - Game Day

**The King's Academy**  
**Varsity Football Schedule 2024**

16-Aug TKA v King's Ridge - Home

23-Aug TKA @ St. Francis - Away

30-Aug TKA @ Creekside - Away (BUS)

6-Sep TKA @ George Walton - Away Region (BUS)

13-Sep TKA v Bethlehem Christian - Home Region

20-Sep TKA v Piedmont Academy - Away Region

27-Sep FALL BREAK

4-Oct TKA @ Athens Christian - Away Region (BUS)

11-Oct TKA v Lakeview Academy - Home Region

18-Oct TKA v Loganville Christian - Away Region

25-Oct TKA v Riverside Prep - Home Region

\*The training camp we have been looking into is the week before Fall camp, which would be the week of July 15th.