



2021 TKA SIDELINE & COMPETITION CHEER INFO AND POLICIES

TUMBLING/JUMP REQUIREMENTS

All girls trying out for the varsity squad will be scored on the minimum tumbling requirement. The squad is determined by scores, positions and coachability. The coach may make an exception to the tumbling requirement based on needed positions with the approval of the Athletic Director.

MS Grade Eligibility: Girls in Grades 6-8
Minimum Tumbling Requirement: Round-Off
Jumps: Toe Touch, Hurdler

Varsity Grade Eligibility: Girls in Grades 9-12
Minimum Tumbling Requirement: Round-Off Back-handspring & Standing Back-handspring NO ASSIST
Jumps: Toe Touch, Hurdler

ALL-STAR CHEER POLICY

Girls cheering for half-year All Star cheer teams are eligible to try out for the MS and Varsity Football Cheer programs and must abide by all practice and competition attendance policies set for the in the Parent Information Packet and/or as the Coach deems necessary. Failure to abide by the practice and competition attendance policies may result in dismissal from the squad and/or in-eligibility for the next season. *Due to the high level of commitment required by both TKA and year-round All-Star Cheerleading, year-round All Stars cheerleaders are not eligible to try out for the Middle School & Varsity Sideline/Competition squads.*

MANDATORY CLINIC AND TRYOUTS

All candidates are required to attend clinic and tryouts. Any exceptions to this requirement must be approved, in advance, by the Athletic Director. All chants, cheers and other instruction needed for tryouts will be taught during the clinic. Girls should wear navy or black shorts, white tee-shirt, blue or white hair bow, and tennis shoes. No jewelry or gum. A panel of outside judges will score the girls using a numbered scale for each element including jumps, tumbling skills, mastery of an 8-count and cheer, stunting, spirit and projection. Mastery of any of these elements is not a guarantee to make the team. Cuts will be determined based on needed positions, coachability, and the level of experience of the team. An exact number cannot be set until these elements are determined at tryouts.

To be eligible to attend clinic and tryouts, girls must pre-register on Team Snap using the links provided:

Varsity Cheer (OS) team link for pre-registration - <https://go.teamsnap.com/forms/254974>

MS Cheer (OS) team link for pre-registration - <https://go.teamsnap.com/forms/254971>

CLINIC

March 15th & 16th
4:30-6:30 pm in TKA Gym

VARSITY STUNT EVALS

March 18th
4:30-6:30 pm in TKA Gym

TRY OUTS

March 19th
Middle School (6th-8th)
4:30-5:30 pm in TKA Gym
Varsity (9th-12th)
6:00-7:00 pm in TKA Gym

Participants must bring the following to the first day of Clinic:

- A non-refundable clinic participation fee of **\$50.00** (*check payable to TKA Athletics*).
- Cheer Tryout Form with 4x6 head shot photo
- Preparticipation Sports Physical Form
- High School Affidavit of Eligibility (new 9-12th students)
- Middle School Affidavit of Eligibility (new 6-8th students)
- Copy of Birth Certificate (new students only)
- AES Application Form (AES students only)
- Copy of the Letter of Intent to Homeschool (AES students only)
- Senior Exit Form (AES seniors)
- Sudden Cardiac Arrest Form
- Concussion Acknowledgement Form

MANDATORY PARENT MEETING AND UNIFORM FITTING

Thursday, April 22nd 4:00-6:00 pm

Middle School TKA Main Campus Room 214 & 215

Varsity TKA Main Campus Room 216 & 218

Please bring 2 checks to this meeting payable to TKA Athletics:

1. Check for camp fee
2. Check for ½ of uniform fees

MANDATORY FCC CHEER CAMP FOR MS & VARSITY SQUADS

Camp attendance is required. We plan to attend FCC camp in July, however, due to the current COVID situation, please do not schedule summer vacations, church camps or other summer activities during the month of July without checking with the Coaches first.

MANDATORY CHOREOGRAPHY

Varsity: Friday 8/6, 4-9 pm & Saturday 8/7, 9-5 pm; Rockstar

Middle School: Friday 8/13, 4-9 pm & Saturday 8/14, 9-5 pm; Rockstar

REGULAR SEASON PRACTICES

Middle School

Mondays 4-6 pm practice @ TKA

Thursday 1-2 pm tumble & 2-4 pm practice @ Rockstar

Varsity

Mondays 4:30-6:30 pm practice @ Rockstar

Tuesdays 4:00-6:00 pm practice @ TKA

Thursdays Tumble 2-3 pm practice 3-5 pm @ Rockstar

Fridays 4-6:30 pm practice @TKA HS Bldg.

*(game or no game practice on Friday)

FCC COMPETITION DATES

All cheerleaders are expected to be at every competition. The varsity and MS Cheer squads usually attend 3 FCC competitions. One in October and 2 in November. Due to fluid situation of COVID-19, the dates for all FCC competitions are tentative and subject to change. Please do not schedule family vacations, church camps, etc. without checking in with your coach first.

ATTENDANCE AND ABSENCES

Attendance is required and will be taken at practices, tumbling, fundraising events, games, and competitions. Cheerleaders are expected to be on time. Cheerleaders who are late to any cheer event are considered Tardy. 3 Tardies = 1 Unexcused Absence.

Excused Absences: Severe illness or family emergencies are considered excused absences. In these instances, the cheerleader must contact her coach to be excused. Cheerleaders who are only mildly ill (i.e., cramps, sinus, injuries), are expected to come to practice and observe so that she will not miss any new material being presented. **Unexcused Absences:** Church activities, family vacations and All-Star activities and other outside activities that conflict with TKA cheer camp, cheer practices, games or cheer competitions and practices are considered unexcused. No more than 1 unexcused absence will be permitted during the regular sideline cheer season which begins the week after Mandatory Cheer Camp through October 31st. Beginning November 1st, practices will solely be focused on preparing for competitions such as State and Nationals. NO unexcused absences are permitted after October 31st. A coach may use alternates, to sub for or replace a cheerleader for excused and unexcused absences. An unexcused absence after October 31st may result in dismissal from the team and may also make the cheerleader ineligible to try out for the TKA Cheerleading in future seasons.

CHEERING UP

The Varsity cheer coaches may invite 8th graders to cheer up to fill positions on the Varsity sideline/competition cheer squad. The coaches may only invite girls who have indicated on the "Cheer Tryout Form" that they are committed to cheering up if invited. Those selecting to cheer up, are making a 100% commitment to the Varsity squad if invited up and will not have an opportunity to reconsider this decision.

ALTERNATES FOR COMPETITION

The coaches may release or replace a cheerleader from the squad, should she become injured or not progress in her tumbling or cheer skills required for sideline and competition, and/or have more than 1 unexcused absence. The coaches will then have the option of pulling up alternates who have indicated on the Tryout Form that they would be willing to cheer as an alternate and incur the costs of competition if chosen. If a cheerleader is replaced with an alternate, her fundraising total will be credited to the alternate's balance.

DUAL SPORTS

Cheerleaders are not eligible to participate in fall or winter sports or other activities that may conflict with the practices, games and competition and must abide by the attendance policies set forth in this packet and/or scheduled by the coaches. Cheerleaders who desire to participate in spring sports are committed to cheerleading through the end of the cheer/competition season and must give cheer practices and competitions priority. If there is a conflict, coaches of both programs must work together to coordinate tryout, practice, and game schedules for the benefit of the athlete and program.

STUNTING AND TUMBLING

Cheerleaders are expected to be working toward mastery of the minimum tumbling requirements during the entire season. Attendance will be taken by the coaches and consequences for not attending or participating should be enforced. It is understood that great caution will be taken by those in charge to prevent accident or injury. However, neither those in charge nor The King's Academy shall be held responsible in case of accident or injury.

All cheerleaders participate in MANDATORY weekly tumbling classes at RockStar Cheer and Dance, 101 Smoke Hill Lane #100, Woodstock, GA 30188, (770) 384-8058. Classes meet for one hour each week, and a team schedule will be provided.